



Governors' news

December 2018

Welcome to the first SASH Governors' Newsletter. We're hoping to make this a quarterly news – to give all SASH members up to date information on the Trust, from your local Governors.



What is a Governor?

We are elected by the membership to represent the different geographic areas covered by SASH.

...to provide the patient voice.

...to help SASH provide the best care for its patients.

Patient Story

"I am very grateful that my aunt passed away at East Surrey Hospital. She was given a very peaceful and respectful end. I really want to thank all the staff who cared for my Aunt. Also, when I visited her on the day she passed away, there was a Teddy tucked into bed with her, and a dementia blanket/cover on her bed. I was told this was made and given by a volunteer – what a lovely thing to do for her, and for us. The Teddy was placed in her coffin, and I have kept the cover as a keepsake. – Fantastic job and well done to all concerned."



Governor Elections

Have you got what it takes to be a Governor?

Enthusiasm and support for Surrey and Sussex Healthcare NHS Trust are the requirements for any would-be governor. If you would like to have more say in how the Trust develops its services, why not stand for election in 2019?

Our Council of 27 Governors act as a critical friend and advisor representing the interests of the organisation, staff, patients, members and the wider public.

We are currently holding elections for **Tandridge and Crawley districts** and you can nominate yourself to be a Governor if you live in either of these constituencies. Being a Governor is interesting and a rewarding way to learn about what is happening in the Trust and wider NHS. No special healthcare skills or knowledge are required and support will be provided.

If you are interested in standing, more information and a nomination form can be obtained as follows:

Online: www.ersvotes.com/SASH2019

Telephone: 020 8889 9203

email:

SASH2019elections@electoralreform.co.uk

Nominations close 15th December 2018

Did you know?

Evening and weekend GP appointments - are available for all East Surrey and West Sussex registered GP patients at local GP hubs. Patients can access these appointments by contacting their own GP practice during normal office hours.

For East Surrey patients these hubs are located at:

Caterham Dene Community Hospital -
Church Road, Caterham, CR3 5RA

The Hawthorns Surgery -
1 Oxford Road, Redhill, RH1 1DT

Birchwood Medical Practice -
The Health Centre, Kings Road, Horley, RH6 7DG

For West Sussex patients there are many GP hubs in the area and your own GP practice will provide you with an appointment at your nearest hub.

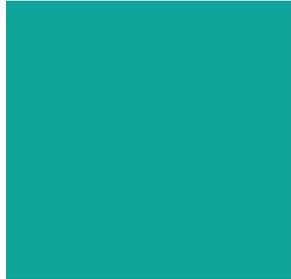


New Trust Chair

Dr. Richard Shaw, started his new role as Chair of SASH on 1st November.

Richard has been a non-executive director at SASH since 2012 and in this role sits on the Trust Board as well as being the Chair of the Safety and Quality Committee. Richard has a wealth of experience that will support SASH as it continues to grow as an organisation.





Flu Vaccinations



SASH is, once again, preparing for winter by encouraging all staff to protect themselves by having the flu vaccine and in doing so reduce the risk of spreading the flu virus to our patients, clients, colleagues and family members – over 50% have already had their vaccination in the first two weeks of the flu fighter programme. Patients and members of the public are also encouraged to get their flu jab and help reduce the risk of a flu outbreak. Many people are eligible for a free flu jab – visit your GP or pharmacist or visit www.nhs.uk to find out more.

Volunteering Opportunities

Would you like to help?

If you have any skills such as: filing, photocopying, data input, answering telephones, gardening – there will always be an opportunity for you at East Surrey Hospital. For example:

Help at the East Entrance Reception desks

Trolley service: selling drinks and snacks.

Ward Duties: e.g. collecting medication and notes, maintaining cupboard stocks, distributing meals and helping patients at mealtimes.

Current Opportunity: SASH is currently seeking meeters and greeters in the Phlebotomy Clinic.

All volunteering enquiries and job descriptions available from:
Joy Matthews – 01737 768511 - X 2438. Joy.matthews1@nhs.net



New Projects

Work has commenced on a new ward and gynecology/obstetric and dental outpatients at East Surrey Hospital.

The new ward will open early January 2019 and Outpatients June 2019.





SASH Charity raises funds over and above NHS provision to make the local community's experience of care even better. Donations help them to provide state of the art equipment, improve the hospital environment, provide specialist training and support ground breaking health research.

SASH Charity are delighted that the latest project - the Camomile Courtyard – specially designed for dementia patients – is nearing completion. Donations are still being sought – so if you would like to donate or have any fundraising ideas contact – sash.fundraising@nhs.net



Governor profile

Each edition we'll be profiling one of your elected Governors.

Name: Jane Ritchie

Representing: Crawley District

I have lived in Crawley for 24 years, and worked in haematology and blood transfusion for 42 years in several hospitals, working in Crawley Hospital for 14 years and East Surrey Hospital for 5 years, before retiring in 2010.

One of the roles of a SASH Governor is to be the voice of the patients and their families. The Trust is keen to have that voice involved in many aspects of patient experience. Workshops are run to examine and improve the complex processes that deliver patient care.

I have been the patient voice on several, including the efficacy of cardiac patient discharge and also the steps taken to speedily diagnose and treat sepsis. I also take part in a group that is improving signage within East Surrey Hospital to help everyone find their way.

Being a SASH Governor is always interesting and I am motivated by feeling I contribute to the continuous improvement that SASH provides for it



For more information about the Governors please visit www.surreyandsussex.nhs.uk/ft/governors/

Contact the Governors at Sash.membership@nhs.net

