The One Stop Clinic

Your doctor has referred you to the One Stop Gynaecological Diagnostic Clinic. This clinic has been set up to speed up diagnosis.

At the clinic you will have an internal ultrasound investigation, a consultation.

Preparing for the Clinic

Please report to the Colposcopy Suite reception in the Women’s Centre, which is on the first floor of Crawley hospital, above Outpatients 1.

Please wear loose clothing.

The ultrasound will give the clearest image if your bladder is empty. If, however, you feel that you cannot tolerate an internal scan, you will need to drink 1½ pints of water and attend with a full bladder.

You may eat normally before your clinic appointment.

We recommend that you arrange for a friend or relative to accompany you, but we would ask you to limit this to one person, as waiting space is limited.

Trans Vaginal Ultrasound

A female member of staff will perform your scan through your vagina to give us the best view of your womb (uterus) and ovaries. The ultrasound probe is similar in size and shape to a tampon and approximately two inches (5 cms) is gently inserted into your vagina. The probe is covered in a sterile, lubricated sheath.

The door is locked throughout the examination and your privacy is fully respected.

The examination can still be performed if you are bleeding.

Consultation

You will then be asked to report back to the Colposcopy Suite reception, a few yards down the corridor. Your Consultant will discuss your results, and a nurse will stay with you should you need an examination.

Cancellation

If you are unable to attend the clinic, please contact Central Booking Office at East Surrey Hospital on 01737 768511 as soon as possible so that the appointment can be offered to another patient.

Further information

This information is not intended as medical advice, and is provided only to supplement the information provided by your doctor.

How to Find Us

Crawley Hospital is on West Green Drive, and is well signposted locally.

Parking

Please allow 2-3 hours for your visit.

A charge is made for car parking in the hospital grounds and there is pay and display parking in the roads surrounding the hospital. Please make sure you have plenty of coins available.

No Smoking Area

Please note that the hospital and its grounds are a no-smoking area. This is for the comfort and health of all patients, visitors and staff.
Patient Advice and Liaison Service
(PALS)
If you have concerns, need information, or would like to comment on Trust services, you can contact the Patient Advice and Liaison Service (PALS). PALS will listen to your views and using a wide range of contact and resources, help find ways of resolving any queries or difficulties. The PALS Team can be contacted on one of the numbers below.

Contacts
Obstetric and Gynaecology Ultrasound Dept 01293 600300 ext 3036
Central Booking Office, ESH 01737 768511 ext 6704
PALS Team 01737 231958

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